



Dr. Robin Sherrod, President/CEO
E3 Empowerment Solutions, LLC.
info@e3empowermentsolutions.com

Capability Statement

Core Competencies

E3 Empowerment Solutions, LLC helps organizations strengthen leadership effectiveness, workforce resilience, communication, and organizational alignment through The Whole Leader Advantage™ ecosystem. Our services support mission-driven organizations operating in high-demand environments by addressing the internal leadership and workforce dynamics that impact communication, engagement, team effectiveness, and sustainable performance.

- Leadership Development & Workforce Resilience Initiatives
- Behavioral Assessment Training & Facilitation (DISC & SDI)
- Executive Communication & Team Dynamics
- Organizational Alignment & Conflict Resolution
- Strategic Facilitation & Leadership Workshops
- Professional Development & Workforce Engagement
- Organizational Effectiveness & Continual Improvement Support

Differentiators

- Flexible virtual, hybrid, and in-person leadership development, workforce resilience, and organizational effectiveness solutions.
- 42 years of combined Army and federal civil service leadership experience with deep understanding of governmental, military, and mission-driven environments stateside and overseas.
- Distinguished Toastmaster (DTM) with expertise in executive communication, facilitation, leadership engagement, and strategic organizational conversations.
- Maxwell Leadership Certified Speaker, Coach & Trainer with DISC and SDI behavioral assessment expertise supporting leadership effectiveness, communication alignment, and team dynamics.
- Creator of The Whole Leader Advantage™ ecosystem focused on strengthening leadership effectiveness, workforce resilience, communication, engagement, and organizational alignment.
- Proven experience supporting military, government, nonprofit, civic, and organizational teams through leadership development, strategic facilitation, behavioral assessment training, and workforce engagement initiatives.

Past Performance

Department of the Army, Family Advocacy Program

Trainer, Team Dynamics, Facilitated and Trained Behavior Analysis Assessment, Facilitated Strategic Planning, 2024

Department of the Army, Army Community Service, Republic of Korea

Trainer, Team Building and Team Dynamics, Facilitated Behavior Analysis Assessment, Facilitated Strategic Planning (Annual) 2020-2023

Army Chaplain Programs in Hawaii and Republic of Korea

Facilitated two-day Relationship Building (Strong Bonds) Retreats; Trained and Coached Ready and Resilient Families, (Quarterly) 2016-2023

The Links Incorporated, Honolulu, Hawaii

Trainer. Team Dynamics, Trainer, Team Building (Annual), Conducted Group Coaching Sessions 2016-2019,

United States Veterans Initiative in Honolulu, Hawaii

Trainer, Facilitated Life Skills, Trainer, Financial Wellness 101, Ongoing (Quarterly) 2014-2015

Tripler Army Medical Center, Logistics Branch, Honolulu Hawaii,

Trainer Team Building, Facilitated and Trained Behavior Analysis Assessment, 2016

Company Data

HISTORY

E3 Empowerment Solutions, LLC is a leadership development and organizational effectiveness firm specializing in workforce resilience, communication, leadership alignment, and team effectiveness. Through The Whole Leader Advantage™ ecosystem, E3 supports federal, state, local, private, and mission-driven organizations operating in high-demand environments by strengthening the internal leadership capacity, workforce engagement, communication, and organizational performance.

Accepts Credit Cards

UEI #: WMR4S58QHN27

CAGE CODE: 0SQ00

CORPORATE OFFICE: 16 Lichfield Blvd, Unit #5295 | Fredericksburg | VA 22406

WEBSITE: E3Empowermentsolutions.com

NAICS Codes: 611430, 541611, 541612, 541618, 611699, 624190

